7 Rivers Cycling Maps
Proposed Route

Route Name:	
Submitted by:	
Email address:	
Phone Number:	

Example

Mile	***Turn Direction***	***Road***
	L	*Exit the park*
0.5	*R*	*ABC Street*
5.5	L	Main Street (Services: CS, BR)

Mile	**Turn Direction**	**Road**

Abbreviations
CS = Convenience Store
VM = Vending Machines
BR = Bathrooms
R = Restaurant
S = Shopping
POI = Point of Interest

Return Completed form to:
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