

GOT ENERGY TRI ORIGINAL LONG COURSE

Length: 26 miles

Difficulty: Challenging - 1 steep Climb

Start: Swarthout Park

State Hwy 16, 1/2 mi N of West Salem, WI



Miles	Turn	Road
		West Salem. (CS,BR, R,S,BS) Swarthout Park Exit the east end of the park (CS,BR)
	L	WI Hwy. 16 staying on side-walk
0.3	L	Leonard St.
0.6	L	Hamlin St.
1.0	R	Mark St.
1.2	L	East Ave.
1.2	R	Neshonoc Rd.
1.8	R	At top of viaduct onto City Loop
1.9	R	Cty. Hwy. B towards Bangor
5.9	R	WI Hwy. 162
8.0	R	Cty. Hwy. II
9.4		Challenging climb and steep downhill , descend with CAUTION!
11.1		Hairpin turn
12.2	R	Cty. Hwy. I
14.1	R	Cty. Hwy. M

Miles	Turn	Road
16.9		Intersection Cty. Hwy. M & Cty. Hwy. O stay straight on Cty. Hwy. O at 3-way stop. Barre Mills (CS,B, BR,R)
19.2	R	Cty. Hwy. B
22.5	L	Cty. Hwy. M
23.3	R	Cty. Hwy. C heading back to West Salem. (CS,BR,R,S,BS)
24.7	L	Neshonoc Rd. over the interstate continuing back on the same route to Swarthout Park
25.5	L	East Ave.
25.5	R	Mark St.
25.7	L	Hamlin St.
26.1	R	Leonard St.
26.3	R	Onto sidewalk along WI Hwy. 16
26.6	R	Swarthout Park

Ocooch Mountain Acres.com

Vacation Rental Lodging
Where Kindred Spirits
Gather To Make Memories



Cottage that sleeps 8 on 160 acre maple syrup farm near Avalanche.



"Logan Mill Lodge" in downtown Westby, sleeps 16 people in 2 condo units. Meeting/party room with tables/chairs for 50, audio-visual equipment, food prep/service area.

Catering to **GROUPS** of...
Motorcyclists, Fishermen, Hunters
and other outdoor enthusiasts...

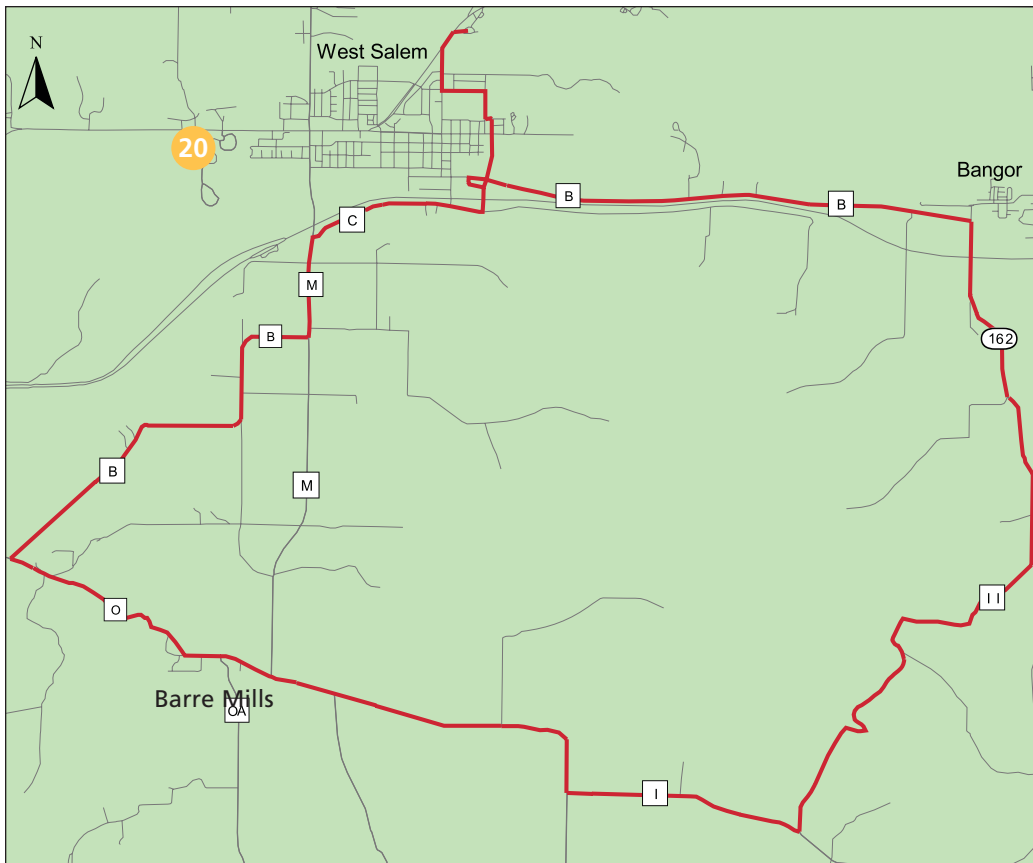
Also families, friends & businessmen gathering for parties/meetings.



For more info & reservations
Ruth Gerber Rupp
608-606-2866

11

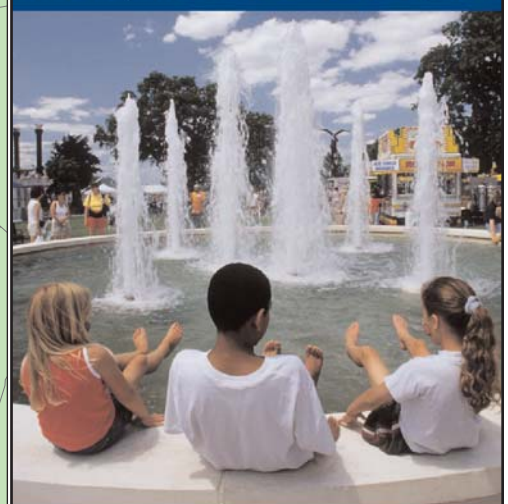
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Explore La Crosse WISCONSIN

La Crosse Area Convention & Visitors Bureau



Tourist Information: 800-658-9424
www.explorelacrosse.com

12